

Improving Mental Health in the Workplace

Etc Venues Liverpool Street, 4-12 Norton Folgate, London | Wednesday, 24th May 2017

11.00 Chair's Introduction

⇒ **Sally Lawson**, Head of Consultancy & Training Development, Heritage Care

11.05 Learning from the Latest Research

- Supporting employee mental wellbeing: what works?

⇒ **Chris van Stolk**, Vice President, RAND Europe

11.30 Changing Working Cultures to Promote Mental Wellbeing

- Practical steps employers can take to promote mental wellbeing
- The role of HR in driving change & achieving leadership buy in
- Leading on mental wellbeing: transforming the role of line managers'
- Tackling the stigma associated with mental health conditions

⇒ **Madeleine McGivern**, Head of Workplace Wellbeing Programmes, Mind

⇒ **Louise Aston**, Wellbeing Director, Business in the Community

⇒ **Eric Barratt**, Senior Project Manager, Health Innovation Network

13.00 Networking Lunch

13.45 Supporting Employees With Mental Health Problems

- Identifying problems and offering support
- Referring employees to professional help
- Developing effective policies & procedures for when problems arise

⇒ **Helen Davies**, Research & Evaluation Lead, City Mental Health Alliance

⇒ **Dave Munday**, Lead Professional Officer (Mental Health), Unite the Union

14.30 Managing Sickness Absence & The Return to Work Process

- Supporting employees on sick leave & managing the return to work process
- Complying with legal duties

⇒ **Diana Kloss**, Chair, Council for Work & Health

15.00 Practise Based Workshop with Inclusive Employers

- Understanding the 5 factors of mental wellbeing
- Spotting early warning signs & supporting employees with mental ill-health at work

⇒ **Rosie Clarke**, Senior Inclusion & Diversity Consultant, Inclusive Employers

15.45 Event Close

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