

# Safety, Health and Wellbeing in Policing

Taking place in Central London (Zone 1, Venue TBC) | Tuesday 14 November 2017

10.15 Registration & Morning Refreshments

11.00 Chair's Introduction - **Gary Kitching (Chair)**, *Former Chief Officer, Suffolk Constabulary*

11.05 **Ensuring safety in policing and supporting officers**

- Putting officer safety at the heart of your service
  - Working alongside clinical and health and safety professionals to ensure good practice
  - Protecting officers from harm and supporting injured officers
- ⇒ **Gill Scott-Moore**, *CEO, Police Dependents' Trust*
- ⇒ **Patrick Cairns**, *CEO, Police Treatment Centres*

11.50 **Improving the health of officers and staff**

- Identifying and tackling the causes of sickness absence
- Changing workplace cultures to help deal with workloads and boost morale
- Ensuring welfare provision in a time of longer hours, fewer resources and greater responsibilities
- Learning from success: models to promote health in the police

12.45 Q+A and Panel Discussion

13.15 Networking Lunch

14.00 **Strengthening your approach to wellbeing and mental health**

- Understanding and addressing the causes of burnout and stress
  - Improving resilience of officers and staff
  - Training managers to support colleagues with mental health and wellbeing difficulties
- ⇒ **Ian Hesketh**, *Senior Policy Advisor, College of Policing*

15.25 Chair's Summary

15.30 Event Close

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