

Student Mental Health: Providing Effective & Co-ordinated Support

Central London (Zone 1) | 25th September 2018

10.15	Registration & Morning Refreshments
11.00	Chair's Introduction ⇒ Dr Ruth Caleb , Wellbeing Consultant & Former Head of Counselling, Brunel University & Chair, Mental Wellbeing in HE Working Group
11.05	Morning Session: Supporting Students Now and in the Future <ul style="list-style-type: none">• Role of the Office for Students: new guidance & building on existing projects• HEIs' responsibilities for student mental health & wellbeing• Embedding a whole institution approach: raising awareness & understanding among staff• Facilitating a smooth transition to HE• Identifying vulnerable groups & tailoring responses• Facilitating interruptions, deferrals & return to study• Effective partnership working with the NHS: timely referrals & record sharing• Conveying the support available to prospective students• Working with Students' Unions & incorporating the voice of the student ⇒ Paul Jenkins , Chief Executive, The Tavistock and Portman NHS Trust ⇒ Dr Nicola Barden , Director of Student Services, University of Winchester & Executive Member, AMOSSHE ⇒ Molly Maher , Campaigns Co-Ordinator, The Union (MMU SU)
13.00	Networking Lunch
13.45	Afternoon Session: Strategies for Effective Support <ul style="list-style-type: none">• Universities UK's new Minding our Future guidance and how it can help• Combatting loneliness & isolation• Preventing suicide on campus• Educating students about wellbeing & the impact on mental health• Implementing peer support programmes ⇒ Gedminte Mikulenaite , Policy Officer (Mental Health in HE), Universities UK
15.30	Event Close

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