

# Improving Mental Health Support for School Pupils: Policy & Practice

Central London (zone 1) | 22nd November 2017

10.15 **Registration & Morning Refreshments**

11.00 **Chair's Introduction**

11.05 **Morning Session: Improving Mental Health Support in Schools**

- The Government's plans to support mental health in schools
  - Training your staff: progress of the Mental Health First Aid rollout
  - Addressing the funding issue: how best to access and utilise available funds from the Government, NHS and beyond
  - Understanding the roles and responsibilities of school nurses, school leaders, teachers and teaching assistants
  - Developing a sustainable and productive relationship with your local CAMHS
  - Assessing pupil need and identifying those with a mental health issue
  - Addressing SEND pupils' mental health
  - Embedding mental health support within PSHE, the wider curriculum and school life
  - Improving the evidence around school interventions to ensure effectiveness and value for money
- ⇒ **Matthew Hopkinson**, *Mental Health and Anti-Bullying Team, DfE*
- ⇒ **Karen Turner**, *Director of Mental Health, NHS England*
- ⇒ **Hannah Kinsey**, *Acting Head of Training & Consultancy, YoungMinds*

13.00 **Networking Lunch**

13.45 **Afternoon: Standards into practice**

- Experiences of integrated working and collaboration between schools and CAMHS
  - Effective peer-to-peer support systems in practice
  - Supporting pupils' transition between key stages
  - Effective engagement with parents
  - Mitigating the impact of cyber bullying and peer pressure
- ⇒ **Siobhan Collingwood**, *Headteacher, Morecambe Bay Community Primary School*

15.25 **Chair's Summary**

15.30 **Event Close**

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